HCR™ RNA-FISH (v3.0) protocol for whole-mount chicken embryos

This protocol has been optimized for embryos at stage HH 8–11 and should only be used as a template for other stages.

Technical Support
support@molecularinstruments.com

Safety Data Sheets (SDS)
www.molecularinstruments.com/safety-v3

Patents
www.molecularinstruments.com/patents

Ordering for Multiplex Experiment
Order one HCR™ RNA-FISH (v3.0) kit per target RNA

Example 2-Plex Experiment

- HCR™ RNA-FISH (v3.0) kit for target mRNA1
  - HCR™ Probe (v3.0): target mRNA1 for use with amplifier B1
  - HCR™ Amplifier (v3.0): B1-647
  - HCR™ RNA-FISH Buffers (v3.0): HCR™ Probe Hybridization Buffer (v3.0), HCR™ Probe Wash Buffer (v3.0), HCR™ Amplifier Buffer (v3.0) (for use with all kits)
- HCR™ RNA-FISH (v3.0) kit for target mRNA2
  - HCR™ Probe (v3.0): target mRNA2 for use with amplifier B2
  - HCR™ Amplifier (v3.0): B2-488

Storage conditions

- Store HCR™ Probes (v3.0), HCR™ Amplifiers (v3.0), HCR™ Probe Hybridization Buffer (v3.0), and HCR™ Probe Wash Buffer (v3.0) at -20 °C.
- Store HCR™ Amplifier Buffer (v3.0) at 4 °C.
- On the bench top, keep stock solutions on ice.
- Make sure all solutions are well mixed before use.

Preparation of fixed whole-mount chicken embryos

1. Collect chick embryos on 3M paper circles and place in a petri dish containing Ringer's solution.
2. Transfer embryos into a new petri dish with fresh Ringer's solution.
   NOTE: *This is to rinse away egg yolk before fixation.*
3. Transfer into a petri dish containing 4% paraformaldehyde (PFA).
   CAUTION: *use PFA with extreme care as it is a hazardous material.*
   NOTE: *use fresh PFA and cool to 4 °C before use to avoid increased autofluorescence.*
4. Fix the samples at room temperature for 1 h.
5. Transfer embryos into a petri dish containing PBST.
6. Dissect the embryos off the filter paper. Remove the fixed vitelline membrane (opaque) and cut the squares around area pellucida, without leaving excess of extra-embryonic tissue.
7. Transfer embryos into a 2 mL tube containing PBST.
8. Nutate for 5 min with the tube positioned horizontally in a small ice bucket.
9. Wash embryos two additional times with 2 mL of PBST, each time nutating for 5 min on ice.
10. Dehydrate embryos with 2 × 5 min washes of 2 mL methanol (MeOH) on ice.
11. Store embryos at -20 °C overnight before use.
    NOTE: *Embryos can be stored for six months at -20 °C.*
12. Transfer the required number of embryos for an experiment to a 2 mL tube.
    NOTE: *do not place more than 4 embryos in each 2 mL tube.*
13. Rehydrate with a series of graded 2 mL MeOH/PBST washes for 5 min each on ice:
    (a) 75% MeOH / 25% PBST
    (b) 50% MeOH / 50% PBST
    (c) 25% MeOH / 75% PBST
    (d) 100% PBST
    (e) 100% PBST.
14. Treat embryos with 2 mL of 10 μg/mL proteinase K solution for 2 min (stage HH 8) or 2.5 min (stage HH 10–11) at room temperature.
    NOTE: *Proteinase K concentration and treatment time should be reoptimized for each batch of proteinase K, or for samples at a different developmental stage.*
15. Postfix with 2 mL of 4% PFA for 20 min at room temperature.
    CAUTION: *use PFA with extreme care as it is a hazardous material.*
16. Wash embryos 2 × 5 min with 2 mL of PBST on ice.
17. Wash embryos with 2 mL of 50% PBST / 50% 5× SSCT for 5 min on ice.
18. Wash embryos with 2 mL of 5× SSCT for 5 min on ice.

Multiplexed HCR™ RNA-FISH (v3.0) protocol

Detection stage

1. For each sample, transfer 1-4 embryos to a 2 mL tube.
   NOTE: *do not place more than 4 embryos in each 2 mL tube.*
2. Pre-hybridize embryos in 500 μL of HCR™ Probe Hybridization Buffer (v3.0) for 30 min at 37 °C.
   CAUTION: *HCR™ Probe Hybridization Buffer (v3.0) contains formamide, a hazardous material.*
3. Prepare probe solution by adding 2 pmol of each HCR™ Probe (v3.0) (e.g. 2 μL of 1 μM stock) to 500 μL of HCR™ Probe Hybridization Buffer (v3.0) at 37 °C.
   NOTE: *For single-molecule RNA imaging, use higher probe concentration (e.g., 16 nM) to increase probe hybridization yield. If desired, this approach can also be used to increase signal for subcellular quantitative RNA imaging.*
4. Remove the pre-hybridization solution and add the probe solution.
5. Incubate embryos overnight (>12 h) at 37 °C.
6. Remove excess probes by washing embryos 4 × 15 min with 1 mL of HCR™ Probe Wash Buffer (v3.0) at 37 °C.
   CAUTION: *HCR™ Probe Wash Buffer (v3.0) contains formamide, a hazardous material.*
   NOTE: *pre-heat HCR™ Probe Wash Buffer (v3.0) to 37 °C before use.*
7. Wash samples 2 × 5 min with 5× SSCT at room temperature.

Amplification stage

1. Pre-amplify embryos with 500 μL of HCR™ Amplifier Buffer (v3.0) for 5 min at room temperature.
   NOTE: *equilibrate HCR™ Amplifier Buffer (v3.0) to room temperature before use.*
2. Separately prepare 30 pmol of hairpin h1 and 30 pmol of hairpin h2 by snap cooling 10 μL of 3 μM stock (heat at 95 °C for 90 seconds and cool to room temperature in a dark drawer for 30 min).
   NOTE: *Hairpins h1 and h2 are provided in hairpin storage buffer ready for snap cooling. h1 and h2 should be snap cooled in separate tubes.*
3. Prepare hairpin solution by adding snap-cooled h1 hairpins and snap-cooled h2 hairpins to 500 μL of HCR™ Amplifier Buffer (v3.0) at room temperature.
4. Remove the pre-amplification solution and add the hairpin solution.
5. Incubate the embryos overnight (>12 h) in the dark at room temperature.
   NOTE: *For single-molecule RNA imaging, amplify for a shorter period of time (e.g. 90 min for stage HH 8 embryos) to ensure single-molecule dots are diffraction-limited.*
6. Remove excess hairpins by washing with 1 mL of 5× SSCT at room temperature:
   (a) 2 × 5 min
   (b) 2 × 30 min
   (c) 1 × 5 min
7. Samples can be stored at 4 °C protected from light before microscopy.

Buffer recipes

Ringer's solution
123 mM NaCl
1.53 mM $CaCl_2$
4.96 mM KCl_2
0.81 mM Na_2HPO_4
0.15 mM KH_2PO_4

For 2 L of solution
14.4 g of NaCl
340 mg of $CaCl_2$
740 mg of KCl
230 mg of Na_2HPO_4
40 mg of KH_2PO_4
Bring volume up to 1.5 L with ultrapure H_2O
Adjust pH to 7.4 and fill up to 2 L with ultrapure H_2O
Filter sterilize with 0.22 μm bottle top filter

4% paraformaldehyde (PFA)
4% PFA
1× PBS

For 25 mL of solution
1 g of PFA powder
25 mL of 1× PBS
Heat solution at 50–60 °C to dissolve powder

PBST
1× PBS
0.1% Tween 20

For 50 mL of solution
5 mL of 10× PBS
500 μL of 10% Tween 20
Fill up to 50 mL with ultrapure H_2O

Proteinase K solution
10 μg/mL proteinase K

For 2 mL of solution
1 μL of 20 mg/mL proteinase K
Fill up to 2 mL with PBST

5× SSCT
5× sodium chloride sodium citrate (SSC)
0.1% Tween 20

For 40 mL of solution
10 mL of 20× SSC
400 μL of 10% Tween 20
Fill up to 40 mL with ultrapure H_2O

NOTE: *avoid using calcium chloride and magnesium chloride in PBS as this leads to increased autofluorescence in the embryos.*

S1 HCR™ Technology Citation Notes

For citation, please select from the list below as appropriate for your application:

- **HCR™ RNA-ISH**
  HCR™ RNA in situ hybridization (RNA-ISH) offers unmatched performance, robustness, and versatility imaging RNA targets in diverse organisms and sample types (Choi et al., 2010, Choi et al., 2014, Choi et al., 2018):
  - **HCR™ RNA-FISH**
    HCR™ RNA-FISH enables 10-plex, quantitative, high-resolution RNA fluorescence in situ hybridization (RNA-FISH) with automatic background suppression throughout the protocol for dramatically enhanced performance (signal-to-background, quantitative precision, single-molecule fidelity) and ease-of-use (no probe set optimization for new targets and organisms).
  - **Enzymatic HCR™ RNA-CISH/RNA-FISH**
    Enzymatic HCR™ RNA-ISH integrates enzymatic signal amplification to enable extreme-sensitivity RNA imaging using either chromogenic or fluorescent staining (RNA-CISH/RNA-FISH). In tissue sections, entirely protease-free workflows preserve sample morphology and maintain protein target integrity, enabling seamless compatibility with existing immunohistochemistry (IHC)/immunofluorescence (IF) assays. HCR™ RNA-CISH offers the convenience of brightfield microscopy and the option of archival staining.
- **10-Plex HCR™ Spectral Imaging**
  HCR™ RNA-FISH/IF enables quantitative high-resolution imaging of 10 RNA and/or protein targets with 1-step HCR™ signal amplification for all targets simultaneously. The method is suitable even for whole-mounts and delicate samples as it requires no repeated staining, imaging, registration, or stripping (Schulte et al., 2024).
- **HCR™ RNA-FISH/IF**
  HCR™ RNA-FISH/IF enables a unified approach to multiplex, quantitative, high-resolution RNA fluorescence in situ hybridization (RNA-FISH) and protein immunofluorescence (IF), with quantitative 1-step enzyme-free signal amplification performed for all RNA and protein targets simultaneously (Schwarzkopf et al., 2021).
- **HCR™ IF**
  HCR™ IF enables multiplex, quantitative, high-resolution protein immunofluorescence (IF) in highly autofluorescent samples (e.g., FFPE brain tissue sections) (Schwarzkopf et al., 2021).
- **Subcellular Quantitative RNA and Protein Imaging**
  HCR™ RNA-FISH enables analog relative quantitation of RNA and/or protein targets with subcellular resolution in the anatomical context of thick autofluorescent samples (e.g., whole-mount vertebrate embryos) (Trivedi et al., 2018, Choi et al., 2018, Schwarzkopf et al., 2021).
- **Single-Molecule Quantitative RNA Imaging**
  HCR™ RNA-FISH enables digital RNA absolute quantitation with single-molecule resolution in the anatomical context of thick autofluorescent samples (e.g., 0.5 mm adult mouse brain sections) (Shah et al., 2016, Choi et al., 2018).
- **Read-Out/Read-In Analysis Framework**
  The read-out/read-in analysis framework enables bidirectional quantitative discovery in an anatomical context (Trivedi et al., 2018).

- **Protocols in Diverse Sample Types**
  Protocols for HCR™ RNA-FISH and/or IF in diverse sample types are adapted from the zoo paper (Choi et al., 2016):
  - bacteria in suspension
  - FFPE human tissue sections
  - generic sample in solution
  - generic sample on a slide
  - mammalian cells on a slide
  - mammalian cells in suspension
  - whole-mount chicken embryos
  - whole-mount fruit fly embryos
  - whole-mount mouse embryos
  - whole-mount nematode larvae
  - whole-mount sea urchin embryos
  - whole-mount zebrafish embryos and larvae
- **HCR™ RNA Flow Cytometry**
  HCR™ RNA Flow Cytometry enables analog RNA relative quantitation for high-throughput expression profiling of mammalian cells and bacteria without the need to engineer reporter lines (Choi et al., 2018).
- **HCR™ Northern Blots**
  HCR™ Northern Blots enable simultaneous quantification of RNA target size and abundance with automatic background suppression throughout the protocol (Schwarzkopf & Pierce, 2016).
- **HCR™ Amplifiers**
  HCR™ Amplifiers enable multiplex, quantitative, 1-step, isothermal, enzyme-free signal amplification in diverse technological settings (Dirks & Pierce, 2004).